

ACEC, Cook Counseling, and Hokie Wellness at Virginia Tech Present:

APIDAS & SUICIDE

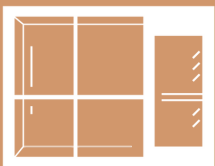
A PARTICIPATORY AND INTERACTIVE WORKSHOP

Given the significance of COVID-19 with regards to increasing social isolation, the ACEC, Cook Counseling, and Hokie Wellness hope to address the sensitive matter of depression and suicide. As suicide rates typically spike around the holiday season, this information session and workshop will provide a review of statistics on the APIDA suicide rates ranging from the community, state, and national levels. Through this interactive workshop, participants will develop skills and practice with each other to better address situations related to depression and suicide.

TUESDAY, NOV. 10 5:00 PM EST

**REGISTER IN ADVANCE:
[HTTPS://RB.GY/Q3RAQU](https://rb.gy/q3raq)**

FOR QUESTIONS, CONTACT DR. HA AT
NHA@VT.EDU



ACEC
ASIAN CULTURAL ENGAGEMENT CENTER AT VIRGINIA TECH



STUDENT AFFAIRS
COOK COUNSELING CENTER
VIRGINIA TECH

