



APIDAHM PRESENTS



# Angry Out Loud

THE BODILY AUTONOMY EDITION, PART I

A WORKSHOP BY:

## DR. LATASHA SARPY

Dr. LaTasha Sarpy is a Professor of Sociology at Bunker Hill Community College. In addition to teaching, Dr. Sarpy works on multiple initiatives inside and outside the classroom. Dr. Sarpy served as the Faculty Liaison for the Museum of African American History and is a founding member of the Center for Equity and Cultural Wealth. Dr. Sarpy is a founding board member of the JAR, with a mission to transform how the community engages in culture. In 2019, Dr. Sarpy and her husband Mr. Thaddieus Sarpy founded GENNEW, Inc, a mental health organization with a mission to serve the most vulnerable from a strength-based, trauma-informed, and culturally sensitive lens. The company is based in Dedham, MA, in Rhode Island, and soon Puerto Rico. Dr. Sarpy holds a doctorate in Law and Policy from Northeastern University, a Master's in Social Work from Wheelock College, and a Master's in Applied Sociology from the University of Massachusetts Boston. She is working on her Ph.D. in Social Work at Sacred Heart University.



**This workshop focuses on undergraduate students. Dr. Sarpy will provide strategies for managing issues related to anger using the perspectives of an undergraduate student experiences. However, ALL community members are welcome.**



**MONDAY, APRIL 3RD, 2023  
12:00 PM - 1:00 PM EST**



<https://bit.ly/3z9Evne>



**THE BCC (SQUIRES ROOM  
126) AND ZOOM**

**SCAN TO  
REGISTER -**



**Light refreshments will be served!**

For questions and/or accommodations, please contact Dr. Nina Ha at [nha@vt.edu](mailto:nha@vt.edu).



APIDAHM PRESENTS



# Angry Out Loud

THE BODILY AUTONOMY EDITION, PART II



A WORKSHOP BY:

**DR. LATASHA SARPY**

Dr. LaTasha Sarpy is a Professor of Sociology at Bunker Hill Community College. In addition to teaching, Dr. Sarpy works on multiple initiatives inside and outside the classroom. Dr. Sarpy served as the Faculty Liaison for the Museum of African American History and is a founding member of the Center for Equity and Cultural Wealth. Dr. Sarpy is a founding board member of the JAR, with a mission to transform how the community engages in culture. In 2019, Dr. Sarpy and her husband Mr. Thaddieus Sarpy founded GENNEW, Inc, a mental health organization with a mission to serve the most vulnerable from a strength-based, trauma-informed, and culturally sensitive lens. The company is based in Dedham, MA, in Rhode Island, and soon Puerto Rico. Dr. Sarpy holds a doctorate in Law and Policy from Northeastern University, a Master's in Social Work from Wheelock College, and a Master's in Applied Sociology from the University of Massachusetts Boston. She is working on her Ph.D. in Social Work at Sacred Heart University.

This workshop focuses on graduate students. Dr. Sarpy will provide strategies for managing issues related to anger using the perspectives of a graduate student experiences. However, ALL community members are welcome.



**MONDAY, APRIL 3RD, 2023**  
**5:30 PM - 6:30 PM EST**



<https://bit.ly/3JJqWQE>



**THE BCC (SQUIRES ROOM**  
**126) AND ZOOM**

**SCAN TO**  
**REGISTER -**



**Light refreshments will be served!**

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APIDAHM PRESENTS



# Angry Out Loud

THE BODILY AUTONOMY EDITION, PART III

A WORKSHOP BY:

**DR. LATASHA SARPY**



This workshop focuses on faculty and staff. Dr. Sarpy will provide strategies for managing issues related to anger using the perspectives of faculty and staff experiences. While any member of the Virginia Tech community can participate, please be aware that the skills and techniques will be relatable to faculty and staff. However, ALL community members are welcome.

Dr. LaTasha Sarpy is a Professor of Sociology at Bunker Hill Community College. In addition to teaching, Dr. Sarpy works on multiple initiatives inside and outside the classroom. Dr. Sarpy served as the Faculty Liaison for the Museum of African American History and is a founding member of the Center for Equity and Cultural Wealth. Dr. Sarpy is a founding board member of the JAR, with a mission to transform how the community engages in culture. In 2019, Dr. Sarpy and her husband Mr. Thaddieus Sarpy founded GENNEW, Inc, a mental health organization with a mission to serve the most vulnerable from a strength-based, trauma-informed, and culturally sensitive lens. The company is based in Dedham, MA, in Rhode Island, and soon Puerto Rico. Dr. Sarpy holds a doctorate in Law and Policy from Northeastern University, a Master's in Social Work from Wheelock College, and a Master's in Applied Sociology from the University of Massachusetts Boston. She is working on her Ph.D. in Social Work at Sacred Heart University.



**MONDAY, APRIL 4TH, 2023**  
**12:00 PM - 1:00 PM EST**



**THE ACEC (SQUIRES  
ROOM 140) AND ZOOM**

**SCAN TO REGISTER -**



<https://bit.ly/3FowOq>

**Light refreshments will be served!**

For questions and/or accommodations, please contact Dr. Nina Ha at [nha@vt.edu](mailto:nha@vt.edu).

APIDAHM PRESENTS



# Angry Out Loud

THE BODILY AUTONOMY EDITION, PART IV

A WORKSHOP BY:

**DR. LATASHA SARPY**



This workshop focuses on any member of the CCCs. Dr. Sarpy will provide strategies for managing issues related to anger using the perspectives of minoritized, under-represented, and underserved communities. While any member of the Virginia Tech community can participate, please be aware that the skills and techniques will be relatable to those who are part of the Cultural and Community Centers.

Dr. LaTasha Sarpy is a Professor of Sociology at Bunker Hill Community College. In addition to teaching, Dr. Sarpy works on multiple initiatives inside and outside the classroom. Dr. Sarpy served as the Faculty Liaison for the Museum of African American History and is a founding member of the Center for Equity and Cultural Wealth. Dr. Sarpy is a founding board member of the JAR, with a mission to transform how the community engages in culture. In 2019, Dr. Sarpy and her husband Mr. Thaddieus Sarpy founded GENNEW, Inc, a mental health organization with a mission to serve the most vulnerable from a strength-based, trauma-informed, and culturally sensitive lens. The company is based in Dedham, MA, in Rhode Island, and soon Puerto Rico. Dr. Sarpy holds a doctorate in Law and Policy from Northeastern University, a Master's in Social Work from Wheelock College, and a Master's in Applied Sociology from the University of Massachusetts Boston. She is working on her Ph.D. in Social Work at Sacred Heart University.

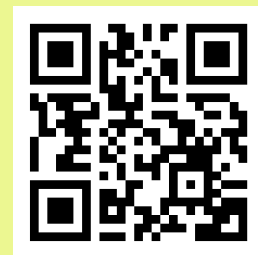


**MONDAY, APRIL 4TH, 2023**  
**5:30 PM - 6:30 PM EST**



**THE ACEC (SQUIRES  
ROOM 140) AND ZOOM**

**SCAN TO REGISTER -**



**Light Refreshments will be Served!**

**<https://bit.ly/3JJCDqp>**

For questions and/or accommodations, please contact Dr. Nina Ha at [nha@vt.edu](mailto:nha@vt.edu).