This workshop focuses on faculty and staff. Dr. Sarpy will provide strategies for managing issues related to anger using the perspectives of faculty and staff experiences. While any member of the Virginia Tech community can participate, please be aware that the skills and techniques will be relatable to faculty and staff. However, ALL community members are welcome.

Dr. LaTasha Sarpy is a Professor of Sociology at Bunker Hill Community College. In addition to teaching, Dr. Sarpy works on multiple initiatives inside and outside the classroom. Dr. Sarpy served as the Faculty Liaison for the Museum of African American History and is a founding member of the Center for Equity and Cultural Wealth. Dr. Sarpy is a founding board member of the JAR, with a mission to transform how the community engages in culture. In 2019, Dr. Sarpy and her husband Mr. Thaddieus Sarpy founded GENNEW, Inc, a mental health organization with a mission to serve the most vulnerable from a strength-based, trauma-informed, and culturally sensitive lens. The company is based in Dedham, MA, in Rhode Island, and soon Puerto Rico. Dr. Sarpy holds a doctorate in Law and Policy from Northeastern University, a Master’s in Social Work from Wheelock College, and a Master's in Applied Sociology from the University of Massachusetts Boston. She is working on her Ph.D. in Social Work at Sacred Heart University.